

Should I go to A&E?

Go to A&E if you are seriously ill, badly injured or have a life threatening condition.

BUT going to A&E in lesser situations means you may have to wait longer to be seen, or other more seriously ill patients cannot be treated while you are being seen. Here's a quick summary of what to do for these common problems and ailments.



Check your symptoms >

<http://www.nhsdirect.nhs.uk/en/CheckSymptoms>

WHAT'S WRONG?	WHERE TO GET HELP
<ul style="list-style-type: none"> • Heavy bleeding • Difficulty breathing • Burns or scalds • Chest pain • Loss of consciousness • Fits that don't stop 	<p>Go to A&E - the nearest to our surgery is Ashford Hospital. If you are not well enough to get there yourself, dial 999 for an ambulance.</p> <p>For more info go to 999 Emergency</p>
<ul style="list-style-type: none"> • Cuts • Strains & sprains • Itches and stings 	<p>Walk In Centre at the Royal Victoria Hospital, Folkestone Open 7am – 10pm Monday to Friday 9am – 10pm Weekends and Bank Holidays.</p> <p>Minor Injuries Unit at Buckland Hospital, Dover Open 9am – 7pm Monday to Friday 10am – 6pm Weekends and Bank Holidays.</p> <p>There are various local minor injuries units and walk in centres - go to 'Useful numbers' for more options.</p>
<ul style="list-style-type: none"> • Vomiting • Ear pain • Stomach ache • Other aches and pains • Small cuts 	<p>Wye Surgery You may be able to come to our 'same-day' super surgery or to our minor injuries clinic - phone us on 0844 387 8419</p> <p>Alternatively dial '111' - NHS 111 will give you advice on what to do and where to seek further local medical help if necessary. For more info go to NHS 111.</p>
<ul style="list-style-type: none"> • Diarrhoea • Coughs & colds • Headache • Fever 	<p>Your Local Pharmacy (<i>not our Dispensary</i>) They can help with common health problems, providing advice and the best medicine to treat them. They will also say if you need to be seen by a Doctor. For out of hours pharmacies go to 'Useful numbers'.</p>
<ul style="list-style-type: none"> • Generally unwell • Advice • Hangover • Cough or sore throat • Grazed knee. 	<p>Ring NHS 111 This telephone service is available 24 hours a day, every day - just dial '111' on your phone. They will advise the best course of action and direct you to an appropriate service in your area. For more info go to NHS 111.</p>

Each time you go to A&E, even if you receive no treatment or don't wait to be treated, Wye Surgery has to pay between £52 and £183.